

HEALTH AND WELLBEING BOARD: JANUARY 5 2017

POSITION STATEMENT FROM THE CHAIRMAN

LOCAL NEWS

QuitReady Leicestershire Launches in time for New Year Resolutions

On Tuesday, 3rd January 2017, the new service, QuitReady Leicestershire, was launched with the emphasis on free and confidential telephone, text message web chat or email advice. The service is available on Mondays to Fridays (9am to 7pm) and on Saturdays (10am-2pm). Smokers who wish to quit smoking will be supported by the programme for 12 weeks to ensure that they have the best possible chance of staying smoke-free. For more details, visit www.quitready.co.uk or call 0345 646 66 66.

Join these local Engagement Events in January which focus on the future of healthcare in Leicestershire

NHS East Leicestershire and Rutland Clinical Commissioning Group and Healthwatch Leicestershire will be inviting people to find out more about proposals for healthcare in Lutterworth in January. Two events are being held at the Wycliffe Rooms, George Street, Lutterworth, Leicestershire, LE17 4ED. The first will take place on Monday 9 January 2017 from 12pm to 3pm and the second on Tuesday 24 January from 6pm to 8.30pm.

<https://eastleicestershireandrutlandccg.nhs.uk/2016/12/29/find-out-more-about-the-proposals-for-the-future-of-healthcare-in-lutterworth-in-january/>

West Leicestershire Clinical Commissioning Group (CCG) is holding a series of events, held in conjunction with their health care partners, to allow people to find out more about the future of health services in the area. The events will take place on the following dates:

- Tuesday, 17 January - Hinckley Golf Club, Leicester Road, Hinckley, LE10 3DR
- Thursday 19 January - Loughborough Town Hall, Market Place, Loughborough, Leicestershire, LE11 3EB
- Monday 23 January - Forest Hill Golf Club and Conference Centre, Markfield Lane, Botcheston, Leicester LE9 9FH

All events will take place from 6:00pm-9:15pm and light refreshments will be available.

<http://www.healthwatchleicestershire.co.uk/content/do-you-live-west-leicestershire-you-are-invited-attend-three-nhs-events-discuss-future>

A SELECTION OF NATIONAL PUBLICATIONS, NEWS AND CONSULTATIONS

Regulatory and Care Quality Matters

Medicines are to have bar codes to promote safety,

the Department of Health has said. The barcodes, on drugs and other products such as surgical tools and breast implants, will help stocktaking, tracking products through the supply chain and identifying patients if there is a need for a product recall. Early results from six pilot projects suggest that the use of the technology should save the NHS £1bn over seven years. [Is the significance of this that the NHS is instituting an innovation? Or that it is new that it is starting to use bar codes as we enter 2017?]

<http://www.scan4safety.nhs.uk/>

<https://www.gov.uk/government/news/barcode-technology-helping-to-improve-patient-safety>

<http://www.bbc.co.uk/news/health-38403388>

A framework to promote improved quality criteria across all national health

organisations has been published by the National Quality Board. It provides a nationally agreed definition of quality and a guide for managerial and clinical leaders wanting to improve quality.

<https://www.england.nhs.uk/2016/12/shared-commitment/>

Changes in the regulation of health and adult social care have been published for

consultation by the CQC along with a consultation jointly with NHS Improvement on the assessment of leadership and use of resources. The consultations run until February. The CQC is planning fewer comprehensive inspections and a greater reliance on providers' own assessments of their quality. The more targeted approach would see comprehensive inspections only for new providers or those about which it has significant concerns.

<http://www.cqc.org.uk/content/our-next-phase-regulation>

Joint investigations of both health and social care complaints by both relevant

Ombudsmen has been beneficial according to a joint report by the Local Government Ombudsman and the Parliamentary and Health Service Ombudsman. A Joint Working Team was set up in 2015 to investigate complaints crossing their boundaries and it carried out 180 investigations in its first year. The Ombudsmen said that the fragmented health and care system meant vulnerable people were falling through the cracks.

<http://www.lgo.org.uk/information-centre/news/2016/dec/ombudsmen-issue-report-showing-benefits-of-integrating-health-and-social-care-complaints-investigations>

Managing Demand

NHS money should be spent on caring for people at home rather than in hospital, according to the

the Chief Nursing Officer, Prof Jane Cummings

<https://www.england.nhs.uk/2016/12/jc-local-proposals-health-care/>

The NHS is struggling from a mismatch between funding and demand according to a report from the King's Fund. Hospital admissions have increased by 3.6% a year since 2003-4. Between 2010-11 and 2014-15, funding increases fell to 1.2% a year from the previous 4.8%. The funding squeeze is set to tighten even more, to 1.1%, zero and 0.4% in the three years 2017-18 to 2019-20. The report says there is a need for more investment in community services and on prevention. Reasons for the increases in demand are not fully known, but are likely to include population growth, an ageing population, rising expectations, earlier referrals from GPs for suspected cancer and technological advances making it possible to treat more people.

<https://www.kingsfund.org.uk/publications/hospital-activity-funding-changes>

Workforce

Brexit could cause a severe shortage of nurses in the NHS according to a report from the Institute of Employment Studies. The uncertainty could deter nurses from elsewhere in the EU coming to the UK and lead to some already here returning. Nurses from elsewhere in the EU make up 5% of the nursing workforce in England. This comes at a time of increasing demand with the ageing population. Applications to study nursing next year are down by 20% following the Government's decision to end nursing bursaries.

<https://www.nursingtimes.net/news/workforce/brexit-and-ageing-patient-combo-to-worsen-nurse-shortage/7014367.article>

<http://www.employment-studies.co.uk/news/brexit-and-population-growth-leave-nhs-short-nurses>

A ratio of one nurse to eight patients can still be considered an important point in terms of patient safety, but a range of evidence should be used to determine safe staffing levels rather than having a single ratio across all wards, NHS Improvement has said in new draft workforce guidance.

<https://improvement.nhs.uk/resources/safe-staffing-improvement-resources-adult-inpatient-acute-care/>

Health and Wellbeing

Baby Boomers: Fit for the Future – this annual report from the Chief Medical Officer looks at the health of the 'baby boomer' generation (broadly, those born between 1945 and 1964). It considers topics such as the impact of lifestyle choices on current and future health, mental health, sexual health, and screening and immunisation programmes.

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/578665/Baby_boomers_v4.pdf

Very heavy drinkers should have their livers scanned to check for cirrhosis, or scarring, according to a draft NICE quality standard. The threshold for heavy drinking is 50 units a week for men (equivalent to five bottles of wine) and 35 units for women (or three and a half bottles of wine). Nearly 2m people in England drink above such levels. If tackled early enough, the liver can recover, through treatment and lifestyle changes. The recommended scan is 'transient elastography' which uses ultrasound and low-frequency 'elastic waves'. The quality standard is open for consultation until February. About 10,000 people die in the UK each year from cirrhosis.

<https://www.nice.org.uk/news/article/nice-focuses-on-improving-treatment-and-diagnosis-of-liver-disease>

<http://www.bbc.co.uk/news/health-38364331>

83% of 40-60 year old Britons are either overweight, physically inactive or exceed alcohol guidelines, according to Public Health England which has launched a health campaign, One You, aimed at this age bracket. More men, (87%), than women, (79%), fit into this category. The campaign includes an online quiz which then links to further information and support.

<http://www.bbc.co.uk/news/health-38402655>

Data on changes in behaviour and health of 40-60 year olds over the last 20 years:

<https://www.gov.uk/government/publications/changes-in-the-behaviour-and-health-of-40-to-60-year-olds>

Press release: <https://www.gov.uk/government/news/modern-life-responsible-for-worrying-health-in-middle-aged>

Housing Solutions

[Building the right home, new housing guidance](#) from the [Transforming Care Programme](#), supports NHS and local authority commissioners to work with housing providers to expand the housing options available for people with a learning disability, autism or both, who display behaviour that challenges. The guidance states that around 2,400 people with a learning disability, autism or both will require new living arrangements upon discharge from inpatient care by March 2019. We know that many of these people have ended up in hospitals following disrupted housing and support arrangements, with many experiencing a lack of choice and control over their lives and the environment in which they are living.

https://www.england.nhs.uk/2016/12/sean-mclaughlin/?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+NHS+CBoard+%28NHS+England%29

Community Engagement

Realising the value: ten key actions to put people and communities at the heart of health and wellbeing. This is the final report of the *Realising the Value* programme, an 18-month programme funded by NHS England in support of the *NHS five year forward view* vision to develop a new relationship with people and communities. The report sets out ten key actions on what should be done and how people need to work differently to put people and communities at the heart of health and wellbeing.

<http://www.health.org.uk/publication/realising-value>

Current Consultations

- On 31 October 2016 the Department of Work and Pensions and the Department of Health launched a Green Paper and **consultation to help more disabled people and those with long term conditions, into work** called *Work, health and disability: improving lives*. The consultation runs until the 17 February 2017. More information at <http://www.oneeastmidlands.org.uk/node/5619>
- NHS England's Chief Executive, Simon Stevens, is calling on patients and the public to share their **views on the sale of sugary drinks in hospitals** by responding to its consultation on the subject. The consultation gives details of a proposed new fee to be paid by vendors and seeks your views on an outright ban, as well as alternative measures to reduce sales of sugary-drinks, to cut obesity. You can submit your views on the consultation up until 18 January 2017. More information at: <https://www.engage.england.nhs.uk/consultation/sugary-drinks/>
- The Government has launched its [consultation on proposals for the local system to fund supported and sheltered housing](#). It has also published its [Supported Accommodation Evidence Review](#). The consultation will run until 13 February 2017 and follows the Government's announcement in September about the future system for supported housing. More information at: <http://www.oneeastmidlands.org.uk/node/5620>